

BOONE COUNTY SENIOR SERVICES, INC.

SENIOR SOUNDS

Volume XLVI Number 2

March/April 2025



A Heartfelt Valentine's Day in Zionsville! We had the best time celebrating with a creative heart craft with Rue Flanders, it was a day filled with learning, laughter, & love.



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We Are In Dire Need!

...And More!

765-482-5220



317-873-8939

@bocoseniors

Boone County Senior Services, Inc.

2025 Board of Directors

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Mission Statement:

To promote independence and provide enriching opportunities for older adults in Boone County.

Services include:

Homemaker & Personal Service
Guardianship
Respite
Transportation
Information & Assistance
Friendly Visitor & Volunteers
Activities & Workshops
Insurance Information
Legal Assistance
Prescription Counseling
Computer Classes
Caregiver Support & More!

Boone County Senior Services, Inc.

515 CrownPointe Dr.,
Lebanon, IN 46052
Monday-Friday, 8:00AM-4:30PM

BCSSI Satellite Office

Zionsville Town Hall, Rm. 206
Open Wednesday & Friday
9:00AM-4:00PM or by appointment.
765-482-5220 or 317-873-8939

www.booneseniors.org



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Bocoseniors

From the desk of our Executive Director Anita Bowen



Maybe you know that BCSSI receives funding from a variety of sources including the federal government as a pass-through to us for some of our programs, including transportation, information and assistance, and caregiver programs.

These funds are given to us after the fact ... in other words, after we provide transportation or caregiver support, we send a claim to various entities to get reimbursed. Sometimes, as in the case of the funds we receive for the transportation program (for people of all ages), we are required to match what they are giving us for operations at 50-50. So, if we receive a hundred dollars, we have to raise one hundred dollars ourselves in order to draw down that funding. These grants are called government reimbursement grants.

I decided to share this important information with you because while BCSSI is **NOT** a government organization, we do receive a significant amount of government funding, and we are thankful for this fact. Sometimes, the funding can take time to get to use and, therefore, we are so grateful for individual donors, and local community support from organizations and businesses that sustain us (and can go toward the “match” when required) that comes in on a regular basis. Your

contributions to support items that you enjoy, such as the Senior Sounds newsletter subscription of \$10/year can add up and contribute in a positive way to our budget. We even welcome donations by credit and debit card and those can be set up to support BCSSI on a regular basis.

We really work hard to have strong local relationships and those of you who have lived in Boone County your entire life (or most of it) know how much the community is changing and will continue to do so year after year. We're kind of excited about meeting new people – and they seem to walk through our doors each week. If you have a chance to personally invite someone to come to one of our programs/activities this spring, we would be honored and look forward to meeting your guest(s). Those old lyrics come to mind once again... *makes new friends but keep the old. One is silver and the other gold.* The song goes on to say – *a circle's round, it has no end. That's how long I will be your friend.* BCSSI has been in the friend business since 1978 and the way we are sustained the most is through those on-going friendships and support.

Hope to see you out & about soon... spring's coming and we have lots of fun in store!!

Until Next Time, *Anita*

BCSSI 2024 Annual Celebration

“The Many Phases of BCSSI”

The BCSSI Annual Celebration, “The Many Phases of BCSSI” was held February 19. Community members and staff celebrated the agency’s 2024 accomplishments. Attendees enjoyed a delicious breakfast prepared by On The Go Catering. Anita Bowen, Executive Director, gave her annual update. Below is a summary of her remarks.



“Do you remember phases you went through as a child/ teenager ... maybe that stubborn phase or the one where you dressed a certain way? Or, maybe you remember these things about your child or grandchild and just hoped and

prayed that the phase would pass sooner than later. How about phases of your family – maybe one where you all got along so well and enjoyed vacationing together but then there were the times when you really were better off to just avoid each other for a while? Bet you have had phases with certain jobs where there’ve been weeks that you were checking off everything on the task list and other weeks where you would have been better off just to put the “gone fishin” sign on the office door and try again the next week.

How about the phases of the moon that we experienced in such an amazing way this past spring when Boone County was in the path of totality for the 2024 Solar Eclipse? I don’t think I will ever forget that very special day and spending it together as a team, along with our friends from the Witham Family YMCA plus individuals and families from around the country who celebrated with us at the North End Watch Party! It was truly a day to remember.

It is because of the memories that we still have of those beautiful phases of the Eclipse that we

decided on this theme (and many of us decided to once again wear the fabulous t-shirts designed by our own Jessica Evans). As we reflected on the year of 2024, several phases of BCSSI came to mind, including:” (This is a summary listing and Anita shared in full detail the success stories for each.)

- A community room refresh
- Record growth for Boone Area Transit System (BATS)
- Expanding Personal Services and Caregiver Support
- BCSS Foundation offering Estate Planning meetings
- New Mystery Van Trips and special educational classes
- Returning to the Boys and Girls Club Caring Hands Camp
- Growth of our Durable Medical Equipment Loan program
- A “High traffic” phase for information and assistance

“Above all, we continue to be so grateful to be a part of a magnificent community that is growing, learning and leaning in to how we can do more together. We know that BIG NEW PHASES are coming to Boone County, and we will embrace them. Thank you to each of you in this room for the way you support us and make us better. We are always looking forward to what comes next. Have a wonderful rest of your day!”

Thank you for your support during 2024 and giving BCSSI the opportunity to serve more than 2300 individuals in Boone County!

To receive a copy of our annual report please contact our office at 765-482-5220 or 317-873-8939 or go to www.booneseniors.org.

Special Annual Meeting Awards



Rue Flanders received the Volunteer of the Year Award for the countless hours she has volunteered at BCSSI. She leads several of our craft classes, line dancing, demonstrated at Senior Expo, and led a staff craft class. She is known for her creativity, always willing to try new things and her love for sharing her talent with others. She even blesses our staff with her beautiful crafts. Rue is pictured with Executive Director Anita Bowen.



Nancy Morton received the Margaret A. Corson Distinguished Senior Award for her outstanding dedication given to older adults and our community. Nancy has volunteered countless hours to the local 4-H program, several women's and civic groups and through her church, the First Presbyterian Church. She was also a member of the Witham Foundation and Board of Trustees for 13 years. Nancy is pictured with Director of Development Sonya Shoup.



The Spirit of Community Award was given to the Zionsville Legion Post 79 for the willingness to make their facility available for more than 10 years for several BCSSI activities, such as Lunch and Learn, art classes and computer training. Pictured is DeeDee Woodrum and Rita Wilson with Executive Director Anita Bowen.



Thank you to retiring board members Maili Davis, Marilyn Neese, Roger Henry and Eric Imboden (not pictured).

A special thank you to Jessica Evans, Director of Outreach, for sharing her creative talent and making our annual celebration special.

Congratulations to the following BCSSI staff members who were recognized for their years of service during our Annual Celebration:



15 Years:

Bob Walker

10 Years:

Mike Nodley & Tom Volbrecht (not pictured)

5 Years:

Lynda Dominick & Kelly Avenatti Martin

We started 2025 by stretching into the new year with chair Yoga with our very own Kelly Avenatti Martin and we have had a fantastic turnout! Turn to page 9 for details!



We had a great heart-to-heart conversation about Heart Health with Dr. Harlamert Cardiologist from Witham Health Services during our very first Brunch and Learn! Thank you Homewood Health Campus for the delicious breakfast. Dr. Harlamert also talked Heart Health during a Zionsville Lunch and Learn on Valentine's Day. Thank you Zionsville Meadows for hosting lunch. Turn to page 8 and 10 for our upcoming Brunch and Learn and Lunch and Learn dates and topics.

**Theater
Thursday
is back in
2025!!!!**



**The 3rd Thursday each month
May-October
Lebanon 7 Movie Theater!**

**More details and a movie listing
to come in the next Senior
Sounds and on our social media!**

Thank you to our sponsors:

Better Hearing Clinics

Guardian Angel Hospice

Homewood Health Campus

4th Sponsor to be named soon!



Workshops

March 20, 2:00-3:00pm

BCSSI-Lebanon

The Impact of Alzheimer's & Dementia in Our Community

This presentation is a general overview & covers facts, & figures, types of dementia, treatments, brain health and the resources the Alzheimer's Association offers.

April 30, 2:00-3:00pm

BCSSI-Zionsville Town Hall

Healthy Living for Your Brain & Body

For centuries, we've known that the health of the brain and the body are connected. But now, science is able to provide insights into how lifestyle choices may help you keep your brain and body healthy as you age. This course teaches about research in the areas of diet and nutrition, exercise, cognitive activity and social engagement.

Registration required

765-482-5220 or 317-873-8939



BCSSI offers a variety of **FREE personal equipment** such as walkers, canes, wheel chairs, shower benches, toilet seats & more.



We also welcome donations!

11th Annual BCSSI Art & Photography Contest



Entries will be accepted in the following categories:

Painting (Oil, Acrylic and Watercolor judged together)

Amateur and Advanced

Photography Natural and Computer-Enhanced

*see complete rules

- ◆ Entrants must be Age 60 or over by April 22, 2025
- ◆ **Entries must have been done (painted/photo taken) in 2022, 2023, 2024 & 2025**
- ◆ Entries are due to the Lebanon Public Library on Tuesday, April 22, 1:30-3:30PM
- ◆ Judging will take place Wednesday, April 23, results available in the afternoon at the Exhibition Opening
- ◆ Artwork will be on display at the library from April 23 - May 28
- ◆ Artwork must be picked up on Thursday, May 29 from Noon-1:30PM

We will hold a special reception for the exhibition on **Wednesday, April 23 2:30-4:00PM** Please come and invite your family and friends!

For rules & details contact BCSSI Anita Bowen or Barb Carrell (765)482-5220 (317)873-8939

March/April Classes & Activities

Call 765-482-5220 for Registration and Information
All Classes & Activities held at BCSSI, Lebanon



An RSVP is required for all activities as space is limited. All events are subject to postponement or cancellation.

Our Lunch and Learn program is getting a new look for 2025! On the first Wednesday of each month we will have Brunch and Learn from 10:00-11:00AM and on the third Wednesday we will have Lunch and Learn from 12:00-1:00PM. Seating is limited and reservations are required for both programs.



Brunch and Learn 10:00-11:00AM

- March 5 Breathe Easy & brunch w/Clinton House
- April 2 Make a Craft & brunch w/Signature Healthcare at Parkwood

Lunch and Learn 12:00-1:00PM

- March 19 "Power of Attorney, Your Own Super Hero" with attorney Troy Thompson and lunch by the BCSS Foundation
- April 16 How to Put Your Ducks in a Row & lunch w/Lincoln Memory Gardens

SHIP Counseling & CICOA Benefits

A CICOA representative will be available by appointment to provide seniors with unbiased information about Medicare, Nursing Facilities, Emergency Response Systems, Public Benefits, Nutrition, and more on **Wednesday, March 26 & April 23** Call BCSSI for an appointment.

Legal Assistance

Free legal assistance will be offered on **March 18 & April 15**. BCSSI Legal Assistance is an opportunity for older adults to ask questions of a legal nature and for the attorney to give simple legal advice. **For more in-depth assistance, the attorney can make a referral or give the other options. Call BCSSI for an appointment.**

Crafting After Hours

Make a spring bouquet with Mounts Flowers on Monday, **March 17** from 5:00-7:00PM. Cost is \$15. Call **BCSSI to register**; space is limited!



Lebanon Games

Come join the fun on **Thursday, March 6 and April 3** from **1:00-2:00PM**. With Donna Newman & Shirley Hester. **Call BCSSI to register.**

March/April Classes & Activities
Call 765-482-5220 for Registration and Information
All Classes & Activities held at BCSSI, Lebanon



An RSVP is required for all activities as space is limited.
All events are subject to postponement or cancellation.



**Chair Yoga
with Kelly**

Join us for a
Chair Yoga
Practice with
Kelly on **March 10 & 24 and April 14
& 28 from 10:30-11:30AM. Call
BCSSI to register.**

Cover to Cover Book Club

Book Club will meet **Tuesday, March 4 at 1:00PM** to discuss "I Will Find You" by Harlan Coben. The book for **April 1** will be announced at the March meeting. **Call BCSSI to register.**
Thank you to Hachette for donating our book club books!



Tech Time

Bring in your phones, tablets, eReaders, cameras or laptops, or use one of our computers, and get **free** independent instruction. Appointments available on **Tuesday afternoons. Call BCSSI to register.**

Needlepoint

Meet at BCSSI on the **first Monday** of the month at **1:00PM** to work on your own projects. **Call BCSSI to register.**

Line Dancing

Wednesday, March 12 & 26 and April 9 & 23 from 10:30-11:30AM with Rue Flanders. Call BCSSI to register.

Classy Crafters

Classy Crafters meets each month at **1:00PM**. On **March 19** make a Button Frame w/Donna. Cost is \$5. On **April 16** make Diamond Art w/ Kathy. Cost \$5. **Call BCSSI to**

Life Moves On

A meeting place for widows and widowers. The group will meet on **Thursday, March 27 & April 24 from 10:30-11:30AM. Call BCSSI to register.**

Art Class

Every Thursday, 9:30AM-12:00PM with instructor Shirley Luttrell. Cost is **\$8** per class. Shirley will work with beginner or intermediate students and any medium. **Call BCSSI to Register.**

March/April Activities Zionsville
Call 317-873-8939 for Registration and Information
Zionsville activities are held in various facilities



An RSVP is required for all activities as space is limited.
All events are subject to postponement or cancellation.

Our Zionsville office is open Wednesday & Friday 9:00AM-4:00PM

Caregiver Support Group

Caregiver Support Group will meet on **March 12 & April 9 at 6:00PM.** Support group meets at **Independence Village West, 6800 Central Blvd, Zionsville (behind Meijer).** Facilitated by Jessica Evans. **Call BCSSI to register.**

Zionsville Crafts at the Town Hall

Join us monthly on the second Friday at **1:00PM.** There is no craft in **March.** On **April 11** make Diamond Art w/ Kathy. Cost is \$5. **Call BCSSI to register.**

Zionsville Games

Join us in Room #205 at the Zionsville Town Hall from 1:00-2:00PM on Wednesday, **March 26** for Trivia w/ Kathy and **April 23** for Jeopardy w/ Neal from the Stratford.

Sip & Learn

Join us on the first Friday of the month at **10:00AM** in the Zionsville Town Hall. **March 7 & April 4** topics TBD. **Call BCSSI to register. Thank you to the Zionsville Fire Department for sponsoring Sip & Learn!**

Lunch and Learn at the Town Hall
second Friday of the month at noon. Space is limited. **Call BCSSI to register.**

March 14

Lunch & Laugh
Featuring *String It On String*
with *Kathleen Swayze*
(string quartet)



Thank you to our sponsors:
The Community Foundation of
Boone County &
Psi-Iota Xi Omega Chapter
Lunch by Grand Brook

April 11 How to Put Your Ducks in a Row & Lunch with Lincoln Memory Gardens

Art Class

Every Tuesday, 9:30AM-12:00PM
with instructor Shirley Luttrell. *This class is currently full, call BCSSI to be placed on the waiting list.*

SHIP Counseling & CICOA Benefits

A CICOA representative will be available by appointment to provide seniors with unbiased information about Medicare, Nursing Facilities, Emergency Response Systems, Public Benefits, Nutrition, and more on **March 5 & April 2.** **Call BCSSI for an appointment.**

Get Out and Go with BCSSI!

Trips depart from: BCSSI Lebanon

Zionsville, Thorntown or Jamestown pick-up available for some trips



Lunch and Learn on the Road to the Bridgeton/Rockville area Wednesday, June 25

Cost: \$50

Guided tour of the Bridgeton Mill, visit to the Bridgeton covered bridge, BBQ lunch at Thirty Six Bar & Grill and shopping in Rockville.

Sign up begins Friday, May 2 at 8:00AM

Sponsored by Signature Healthcare at Parkwood



BCSSI Travel Group Motorcoach Trip to Lancaster, PA. Mon., June 2 - Sat., June 7, 2025

See a show, tour the Dutch Country and visit Gettysburg National Park.

Single \$1,179.00 & Double \$970.00

There are still a few seats left!

Call BCSSI for more information.



Save the Date! BCSSI Travel Group Branson Holiday Show trip.

November 10-14, 2025

Single \$1030 & Double \$875

More information and sign up dates in the next issue!



**Mystery Trips
return in May!
More information
in the next
Senior Sounds...**

BCSSI

In-Home Care • Transportation
Friendly Visitor Program • Recreational Activities



Connecting Generations
since 1978

*promoting
Independence
providing
Enriching Services*

A tax deductible gift to the Agency or Foundation will ensure that these services can be continued into the future.



Call 765-482-5220 or 317-873-8939 • www.booneseniors.org



BOONE COUNTY
Solid Waste Management District

TOX DROP COLLECTION EVENTS SAVE THE DATE

APRIL 26, 2025 - BOONE COUNTY HIGHWAY DEPARTMENT

SEPTEMBER 13, 2025 - ZIONSVILLE POLICE DEPARTMENT

~ PLEASE SHARE ~



FOR MORE DETAILS, VISIT
WWW.BOONECOUNTYSOLIDWASTE.COM
UNDER THE TOX DROP TAB



25 TIPS FOR A GREENER 2025!

1. Sign up for curbside recycling
2. Donate your shoes to REUSE & Sole
3. Pencil in the 2025 Tox Drop Dates
4. Review the accepted items list from your hauler
5. Follow the District on social media
6. Participate in litter cleanups
7. Recycle your plastic bags in the front vestibule of several local stores
8. Attend a GREEN lesson at your local library
9. Save unused school supplies for the next year
10. Breakdown your cardboard boxes
11. Ensure liquids are never in your recyclables
12. Start a compost pile this year
13. Tell a friend to subscribe to Waste Watch
14. Buy local - visit a farmer's market
15. Use reusable shopping bags
16. Pack a zero waste lunch for your family
17. Plan meals ahead to reduce food waste
18. Check out the District website on FAQs & ways to recycle common household items
19. Give your recyclables a quick rinse
20. Don't bag your recyclables
21. Help spread the word that cigarette butts ARE litter
22. Avoid purchasing polystyrene (Styrofoam)
23. Consider packaging when making purchases
24. Buy a balled Christmas tree so you can plant it
25. Give experiences as gifts all throughout the year!

"It has been my practice to give \$50 per month to the cause (BCSSI).

Let it be known that I am now doubling that amount.

I will cheerfully be contributing \$100 per month to a most important civic cause. I do hope that others might see and appreciate the importance of keeping BCSSI financially healthy and will step up to the degree they can!"

~ Allen Andrews, Lebanon

BCSSI Clients Served 2024:

Transportation:	882
Personal Service:	104
Respite:	9
Outreach/Info:	1,081
Guardianship:	3
Legal & Insurance:	72
Friendly Visitor:	17
Other Volunteers:	172
Activities & Lunches:	493
Workshops/Support Grps:	104

Total clients served: 2,369

Caregiver's Corner

A bi-monthly newsletter filled with information and resources for people caring for others. If you would like to be placed on the mailing list, contact:

Jessica Evans at 765-482-5220 or
317-873-8939 or

jevans@booneseniors.org



For more information about leaving a Legacy or to mail a donation, honorarium or memorial please contact:

Boone County Senior Services Foundation, Inc.
515 CrownPointe Dr., Lebanon, IN 46052
sshoup@booneseniors.org, 765-482-5220 or 317-873-8939



The mission of the Boone County Senior Services Foundation, Inc. is to grow a fund so BCSSI can continue serving older adults in Boone County.



Should I make a donation to BCSSI or the Boone County Senior Services Foundation?

Donations, of any amount, to BCSSI or the BCSS Foundation may be tax deductible as both organizations are 501(c)3 non-profits. Choosing if you make a donation to the foundation or the agency is a personal choice and ALL donations to either organization will support the mission of BCSSI. In general, most agency donations are used in the immediate future and donations to the foundation are placed in an invested fund that can be used in the future during times of budgetary shortfalls or when special funding is needed by BCSSI. Both organizations are governed by a volunteer Board of Directors.

BCSS Foundation to Host FREE Lunch & Learn March 19 Noon-1pm BCSSI Community Room



**“Power of Attorney, Your Own Super Hero”
With attorney and Foundation Board Member Troy Thompson
RSVP 765-482-5220**

Invitation design created by Minute Print It

Are you looking for a part-time job that will make an amazing difference in the life of an older adult? Then you should join our Personal Services team!



Interested individuals with experience in homemaking/personal care, should **contact Cindy Hickson**, Director of Personal Services, for more information, or drop off a resume/complete an application at BCSSI. Openings are for personal service attendants. BCSSI is certified as a Personal Services Agency by the Indiana State Department of Health and is an Equal Opportunity Employer. Background check required.

Contact 765-482-5220 or 317-873-8939 or chickson@booneseniors.org

OUR HEART IS HURTING... WE ARE IN DIRE NEED!

Since we are all aging, maybe you have experienced a challenge in your family at some time when either you or someone you care about could no longer take care of themselves and be safe and thrive AT HOME. That may even be as simple as making a meal or doing laundry. Shoot, I almost used some ugly words today trying to get the fitted sheet back on our bed!!

Friends: BCSSI-Boone County Senior Services, Inc. is in dire need of Personal Service Attendants (non-

medical care) to help our neighbors. A long wait list is already in place and that is NOT a good thing. It truly hurts our hearts to not be able help all those in need ... and the need is growing!! Would you take a minute today to think about someone you might know who would be a perfect fit to share their passion for helping older adults live their best life at home?



The BCSSI Team is the best you will find and we promise that the support for new team members will get you through the hard days. **#family**

~Anita Bowen, Executive Director

Thank you to our clients for your sweet compliments about our Personal Service Attendants (PSA)!

“PSA is great OH MY JUST GREAT!!!”

“I could not get along in my home without my PSA!”

“So Grateful the PSA is SUPER and trust worthy!”

“I love my PSA, hope she loves me too!”

“She is top notch, the best ever!”

BCSSI Spotlight
JR Mitchell
Boone County Senior Services
Foundation, Inc. Board Member



How many years have you lived in Boone County? I have lived in Boone county for my entire life, 44 years.

How many years have you volunteered at BCSSI? This is my fourth year volunteering with BCSSI and the Foundation. I was

recently elected as the Vice President of the BCSS Foundation Board.

What is your favorite activity to help with at BCSSI? I love volunteering for the BCSSI Olympics every year because it's such a rewarding experience. Being part of an event that celebrates the strength, determination, and spirit of our older community members is inspiring. I'm always grateful for the opportunity to contribute to such a meaningful event. Volunteering for the Senior Olympics has become one of my favorite traditions, and I look forward to it every year.

What makes Boone County special? Boone county is an incredible place to live and raise a family because of the strong sense of support and unity that surrounds us. Neighbors look out for one another, always ready to lend a hand in times of need, and this spirit of cooperation extends to local organizations, like BCSSI, that work together to ensure the well-being of everyone. This collective effort fosters

an environment where families can thrive, children grow up with a sense of belonging, and everyone feels valued.

Family? I have been married to my wife, Heidi, for over 22 years. We have two beautiful daughters, Sydney who is almost 21 and Karis who is 8.

Profession? I am a loan officer for North Salem State Bank.

Hobbies/Interests? I enjoy hunting, boating and spending time with friends and my family.

Something unique about you? I left the world of manufacturing after 21 years to start a new career in banking.

What do you want others to know about BCSSI or why should they volunteer, donate or use our services? The organization that supports senior services is truly incredible, offering a wide range of essential programs that enhance the lives of older adults in our community. From providing companionship and transportation to offering healthcare assistance and recreational activities, they ensure seniors are supported and connected. Volunteering and donating to this organization is a meaningful way to give back and make a real difference in the lives of those who have contributed so much over the years. Your time, energy, and financial contributions help provide critical resources that allow seniors to maintain their independence and dignity. It's an opportunity to directly impact the lives of those in need and enrich our community as a whole.

Thank you JR for your continued support of BCSSI and the Foundation!



Get Organized & Pick Up a FREE Caregiver Navigator

Caregiving is paper intensive...important documents,

prescriptions, notebooks, receipts, and schedules related to illness, treatment, and appointments. As a caregiver, your binder is your mobile caregiving center. Use the Caregiver Navigator to organize your loved one's caregiving journey!

Go to www.booneseniors.org/resources to download a copy or for a FREE hard copy contact our office.



Can you make our wish of having more shower benches for our loaner closet come true by donating one through our Amazon Wishlist?

You can make the purchase through your account & have it shipped directly to us by selecting BCSSI's address before checking out. Thank you! Or, feel free to contact us and we can help you order it from Amazon.

We also welcome donations of used medical equipment.

BCSSI Offices are closed on April 18 for Good Friday

This includes all personal services and transportation services. We apologize for any inconvenience.



Gleaner's Boone County Mobile Food Pantry

**3rd Tuesday of each month
11:00AM-1:00PM**

Drive Thru Pick Up at the Boone County 4-H Fairgrounds



Dining Dollars Offered For Witham Health Services Cafeteria

BCSSI has applications for CICOA's meal service with up to 8 meals per month to be used at the Witham Cafeteria for breakfast from 7-9am and lunch from 11am-1:30pm. The meals are valued at \$6.75 and will be offered to ages 60+ for a donation, based on income. No income restrictions apply.

Contact BCSSI with questions:
765-482-5220 or 317-873-8939
Cicoa.org/dinedollars

BCSSI Memorial & Honorarium Gifts

In Honor of Jack Chase

Joe & Breann Fink

In Honor of Virginia Lewis

Wendy S. Sloman

In Memory of Charlene Woodard

Terena C. James

In Memory of Bob Hedge

Annette & Lanny Knox & Family

In Memory of Don & Virginia Hussong

William & Sharon Hussong

In Memory of Virginia Hussong

Thomas Ringham

Brian & Cathy McCoskey

Denise Beck & Family

Bill & Linda Stuteville

In Memory of Herschel Lewis

Wendy S. Sloman

In Memory of Jane Quick

Therapy Staff at Independence

Village West

Anita Padgett

Marilyn King

Garry & Holly King

Christian Liberty Church

John & Donna Padgett

The Viehe Family

John & Lisa Cangany

Gaylene Lewis

C Craig Stephenson

Cheryl Miller

Janis Kay Moore

Mr. & Mrs. Chris & Melissa Hale

In Memory of Kay Chase

Joe & Breann Chase

In Memory of Martha Hawkins

Ron & Marilyn Neese

Judy Cunningham

In Memory of Mary Jane Jackson

LHS Class of '69

Margaret R. Williams

In Memory of Roger Fogle

Roxanne Fogle

In Memory of Rosa De La Rosa

George Pogas

In Memory of Shirley Schenkel

Keith & Martha Campbell

In Memory of Ernie Pyle Chapter of the WWII Roundtable Members:

- Benny Campbell, U.S. Air Force
- Charles Slaughter, Philippines/Okinawa/
Purple Heart & Bronze Star medal
- Jim Evans, Battle of the Bulge
- Marion Adams, Italy/France
- Russell Swisher, Marched in Paris
Liberation Parade/Huertgen Forest/Battle
of the Bulge
- George Cox, Channel Crossing torpedo
survivor/France
- Dr. Robert Coons, combat medic ETO/
Purple Heart & Silver Star medals
- Alvin Ping, WWII Submarine crewman

Donation, Memorial and Honorarium Form

I would like my donation to be used for (select one below):

_____ A donation to the Agency _____ A donation to the Foundation

_____ A memorial in memory of: _____

_____ An honorarium in honor of: _____

Please send notification card to: _____

Street Address: _____

City, State, Zip: _____

Thank you for your gift. Please mail form with payment to:

BCSSI, 515 CrownPointe Dr., Lebanon, IN 46052

Let BATS take you door to door!



Boone Area Transit System County Wide, All Ages

765-482-5220 or
317-873-8939
Monday-Friday
7:30AM-4:30PM

Attention!!!
VERIDA
Standard Medicaid
Transportation Trip
Reservation Line:
1-855-325-7586

*Call this number for a reservation,
any changes or cancellations and
when your appointment is finished.
Your preferred provider is Boone
County Senior Services/BATS.*

*Boone Area Transit System operates by appointments made in advance. We
welcome calls for LAST MINUTE transportation for non-medical,
unscheduled appointments! Please call to check the schedule and
hopefully we can help you get where you need to go!*

Boone Area Transit Pricing 2025

**Due to increase in demand please allow 2 weeks notice
to book your appointment.**

SENIOR SUGGESTED DONATIONS		Cost:
Inside city limits (unlimited stops)		\$5.00
Outside city limits in Boone Co. (unlimited stops)		\$10.00
ALL TRIPS OUTSIDE COUNTY COSTS (Senior & Public)		Cost:
Thorntown, Lebanon, Jamestown, Advance to Indy or any other city in the counties surrounding Boone round trip		\$20.00
Zionsville, Whitestown to Indy or any other city in the counties surrounding Boone round trip		\$15.00
Airport one-way mandatory pay per person		\$25.00
Airport one-way mandatory pay for couple, each person pays		\$20.00
Any trip over 30 miles or more add \$5.00		\$5.00
PUBLIC TRANSIT COSTS/MISC.		Cost:
Charge each time client boards		\$4.00
Drive-thru to <u>drop off</u> prescriptions only, food banks in Boone County		N/C
Drive-thru to pick up medicine, bank		\$3.00
Outside city limits in Boone Co.		\$6.00
Lunch & Learn transportation		No Charge

Spring Vegetable Frittata

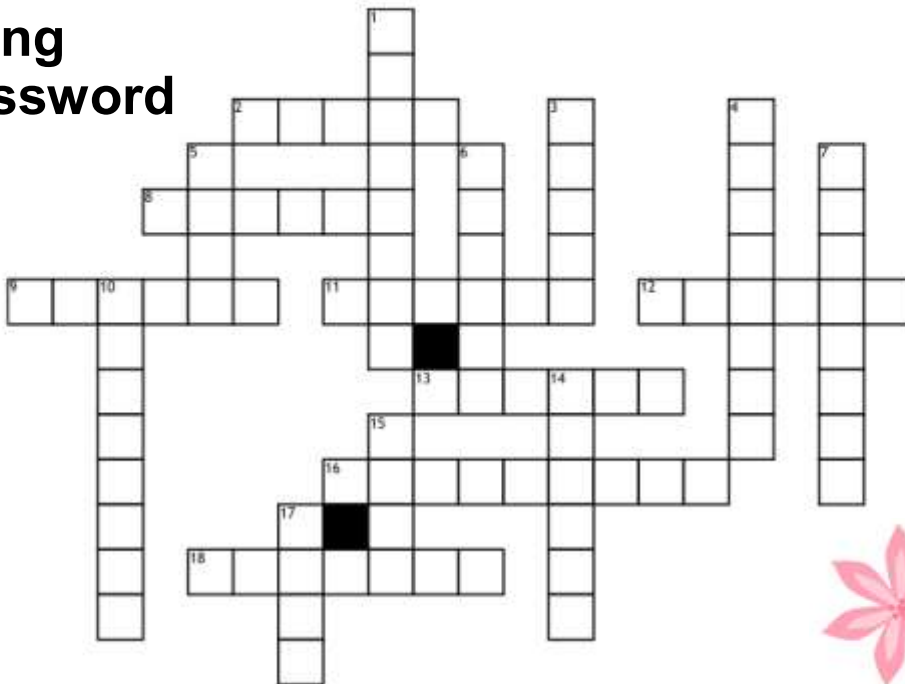
From: gogograndparent.com

6 eggs
Salt & Pepper
1 Tbsp. olive oil
1 c. chopped asparagus

1 c. cherry tomatoes, halved
1 c. baby spinach
1/4 c. crumbled feta or goat cheese

Preheat oven to 350°. Whisk together eggs and salt and pepper to taste in a large bowl. Add oil to oven safe skillet and heat over medium heat. Add asparagus and cook until softened, about 3 minutes. Add tomatoes and spinach and cook until spinach is wilted, about 2 minutes. Add eggs to skillet and sprinkle with cheese. Cook 2-3 minutes until edges begin to set. Transfer skillet to oven and cook 12-15 minutes until set and golden brown. Garnish with more cheese and fresh herbs if desired.

Spring Crossword



Across

- 2. Time for showers
- 8. Eating outing
- 9. _____ egg
- 11. Vegetable plot
- 12. Brief fall of rain
- 13. One of four in a year
- 16. Monarch

- 18. They're usually found in beds

Down

- 1. Shower apparel
- 3. Verdant
- 4. Yellow Spring flower
- 5. Flying toy with a tail

- 6. Small pool of water
- 7. America's pastime
- 10. Gloom's opposite
- 14. Fledgling plant
- 15. When Spring ends
- 17. Sport with tees



*Connecting Generations
since 1978*

We hope you have enjoyed this issue of Senior Sounds. It is a bi-monthly publication for all Boone County residents age 60 or older and family members and is published by Boone County Senior Services, Inc.

To change your address call (765) 482-5220 or (317) 873-8939. To add a name to the mailing list, please send your \$10 annual donation to defray printing and mailing costs to:

**BOONE COUNTY SENIOR SERVICES, INC.
515 CROWNPOINTE DRIVE, LEBANON, IN 46052**

To receive electronic copies of this newsletter email us at bcssi@booneseniors.org
www.booneseniors.org
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