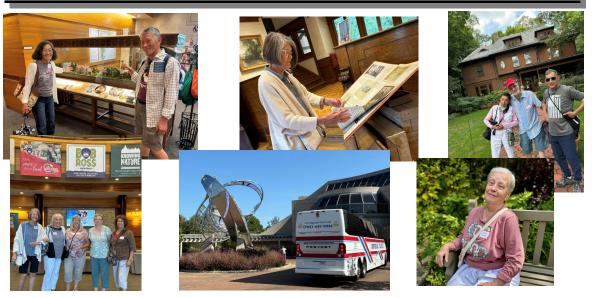
## **BOONE COUNTY SENIOR SERVICES, INC.**

# SENIOR SOUNDS

Volume XLV Number 5

Sept./Oct. 2024



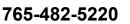
The Minnetrista Museum and Gardens was awesome and the BCSSI Lunch and Learn on the Road crew was there to experience it all! The group also enjoyed lunch and the Bob Ross Experience! Thanks to Homewood Health Campus for making this summer adventure possible!! Turn to page 11 to learn how you can sign up for the LAST Lunch and Learn on the Road in 2024!

#### What's Inside:

Pages 7 Boone County Senior Health & Wellness Expo

Page 8-11 Classes, Activities & Trips!

Page 12 My Happy Place....in a little bottle ....And More!









317-873-8939

# **Boone County Senior Services, Inc.**

### 2024 Board of Directors

Cathy Adams
Angie Caldwell
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Executive Director

Doug Shoemaker

Sonya Shoup Newsletter Editor, Director of Development



#### Mission Statement:

To promote independence and provide enriching opportunities for older adults in Boone County.

#### Services include:

Homemaker & Personal Service
Guardianship
Respite
Transportation
Information & Assistance
Friendly Visitor & Volunteers
Activities & Workshops
Insurance Information
Legal Assistance
Prescription Counseling
Computer Classes
Caregiver Support & More!

#### **Boone County Senior Services, Inc.**

515 CrownPointe Dr., Lebanon, IN 46052 Monday-Friday, 8:00AM-4:30PM

#### **BCSSI Satellite Office**

Zionsville Town Hall, Rm. 206 Open Wednesday & Friday 9:00AM-4:00PM or by appointment. 765-482-5220 or 317-873-8939 www.booneseniors.org







#### From the desk of our Executive Director Anita Bowen



We spent a good deal of time driving east this summer to watch our son play baseball in Ohio. We

enjoyed taking the backroads and have many great memories to treasure. The trips, however, didn't come without many routes where we found "detour" or "road closed to thru traffic" signs. Since our travel was occurring on vacation days or on the weekend when we had plenty of time to get to our destination, we didn't stress about the extra time needed to get around the detour. But, on days where I am in a hurry, I probably don't react the same to these signs...how about you?

I love Katherine Wolf's quote that says: Perhaps some detours aren't detours at all. Perhaps they are actually the path. I have been trying to remind myself of this during the past few years. It is always easy to complain, but what if I used that energy instead to appreciate the sights enjoyed, the people met, the lessons learned, and the memories made during the detour. Yes, they aren't planned, but boy, if we can just look at the detour differently, I think it's better for our spirit... and blood pressure!

Many times, individuals and families meet up with BCSSI/BATS on one of those "detours" in life...maybe it's a fall that has 3

caused a loved one to need a walker or pair of crutches and we can help with our medical equipment (free) loan program; maybe it's the loss of a spouse and social isolation brings the spouse left behind to visit looking for friendship and we have a plethora of activities that will check that box; maybe a life situation has a family member or friend with a vehicle that is not running or they no longer feel comfortable driving and Boone Area Transit System (BATS) can get them on the schedule Monday-Friday to get wherever they need to go. There's so much good happening here to provide for the best quality of life for community members, and when we meet during those detours, team members are ready to jump right in to make it feel like it indeed was actually the path.

Fall is my favorite and there's a lot happening in Lebanon, Zionsville, and other places and spaces throughout Boone County to celebrate this wonderful season! I hope to see you at the Senior Health & Wellness Expo on Saturday, October 5<sup>th</sup>. Invite someone new to join you as we continue to grow and add new features to this event that is one of the area's largest and longest running at 16 years this year! If you run into a detour sign heading to the Boone County Fairgrounds, just smile and know that we'll be waiting for you when you get there and will welcome you with open arms.

Until Next Time, *Anita* 



Earlier this summer we learned how therapeutic drumming is a way to enhance your mental, emotional, & physical well-being. Thank you Allison Phillips of Art of Wellness, for helping us tap into the rhythm of life.

Join us on September 4 where Allison will be performing during our Lunch and Learn. More details on page 8.

We certainly had a cozy good time at Caring Hands Camp this summer. Twenty BCSSI volunteers & sixty Caring Hands Campers from the Boys and Girls Club Boone-Zionsville Unit came together to make blankets for Project Linus of Hendricks County. We love connecting the generations. We are feeling blessed to be a part of this partnership!







Congratulations to our Matter of Balance graduates! They completed their 8 week course to view falls as controllable, to set goals for increasing activities, make changes to reduce falls and to exercise to increase strength and balance. A special thank you to Pandora and Amanda from Purdue Extension - Boone County for bringing this program to Zionsville!



Sheriff Tony Harris was on the beat at a BCSSI Lunch and Learn sharing information about frauds and scams targeting older adults. Thanks to the Boone County Sheriff's Office for all you do for our seniors & our community! Also pictured is Matron, Brittany Hicks. Brittany is the daughter of our very own Director of Personal Services, Cindy Hickson.

What a mysterious time we have had this year hosting our NEW and very popular Mystery Trips! The group traveled to Titus Bakery this summer and received a behind the scenes look at how donuts are made...followed by a sweet treat! Thank you Titus Bakery! Turn to page 11 to learn about the LAST Mystery Trip of the year on September 26....you will not want to miss this one!





Classy Crafters made beautiful diamond art butterflies. Thank you to Kathy Jedwabny for leading the class. Turn to page 8 to learn more about our Classy Crafters classes this fall...the class will be making fall décor and a Halloween House.

**SAVE THE DATES:** The BCSSI Holiday Silent Auction will be held **November 15-21** in our Community Room. More details to come in the Nov./Dec. Senior Sounds. Proceeds support BCSSI. If you would like to make a donation to the silent auction please contact Anita Bowen or Sonya Shoup at 765-482-5220 or 317-873-8939.



A special **THANK YOU** to our Senior Sounds volunteers who work hard to get your newsletter prepared to mail to you!



Check back in our Nov./Dec. Senior Sounds for a full listing of our medal winners!

#### Attention Athletes!

Come join us on the Senior Expo stage

(event details on the next page) on Saturday, Oct. 5th at 10:00AM as we recognize your accomplishments. Wear your Olympic shirt and medals!



### BCSSI 2024 Theater Thursdays!

Join us at the Lebanon 7 Theater 1600 N. Lebanon St., Lebanon

9:00AM – Breakfast Snack 9:30AM – Special Movie

Special movie shown for those age 60 and over for only \$2!

\*All movies are either rated PG or PG-13 Review at www.imdb.com For Transit call (765)482-5220 or (317)873-8939

> September 19 Heart of a Champion

> > October 17 80 for Brady

Sponsored By:
Better Hearing Clinics
Homewood Health Campus
Guardian Angel Hospice

Subject to change.

# BCSSI Diversity, Equity & Inclusion Plan Policy Statement To review the full plan go to www.booneseniors.org/resources/

Boone County Senior Services, Inc. (BCSSI) believes in fairness and equality and encourages the full participation of all individuals in fulfilling its mission to *promote independence and provide enriching opportunities for older adults in Boone County.* BCSSI recognizes the strength of diversity and celebrates a society of different individuals, cultures and perspectives whose knowledge, skills and talents enrich and strengthen us as a people. BCSSI believes in and promotes equal opportunity in its operations, community engagement, employment, decision-making and inclusion of diverse members of our community.

16TH Annual BOONE COUNTY







## Saturday, October 5, 2024 9:00 AM-12:00 PM Boone County 4-H Fairgrounds, Lebanon, IN



# Admission is Free to all attendees!





# Boone County seniors, family members & caregivers are encouraged to attend!

- Exhibitors displaying products & services
- Seasonal Flu & Pneumonia
   Vaccines FREE
- COVID Vaccines FREE
- Health Screenings Provided
- Door Prizes & Giveaways
- Medicine Cabinet Clean-Up

Witham

- Exhibitors displaying products Entertainment & Demonstrations
  - Grab 'n Go Goody Bags! (First 100 attendees)
  - Special Cash Drawings
     (Must be present at the end of Expo)
  - Free Transportation Call 482-5220

For more information: www.booneseniors.org 765-482-5220 or 317-873-8939

Media Sponsor: The Lebanon Reporter



HB

NSSB NORTH SALEM STATE BANK











### **September/October Classes & Activities**

Call 765-482-5220 for Registration and Information

All Classes & Activities held at BCSSI, Lebanon



An RSVP is required for all activities as space will be limited to facilitate social distancing. All events are subject to postponement or cancellation.

#### Medicare Open Enrollment

Appointments available on October 17, 21, & 29 & November 15. Call BCSSI to register.

# Craft Night with Maili from Blooms By Sandy

Make and take a pumpkin floral arrangement on Thursday, October 17 at 5:00PM. Cost is \$15. RSVP to BCSSI by October 3.



#### **Classy Crafters**

Classy Crafters meets each month at 1:00PM. On September 18 make a Fall Decoration w/ Barb. Cost is \$5. October 16 make a Haunted House w/ Rue Flanders. Cost is \$5. Call BCSSI to register.

#### **SHIP Counseling & CICOA Benefits**

A CICOA representative will be available by appointment to provide seniors with unbiased information about Medicare, Nursing Facilities, Emergency Response Systems, Public Benefits, Nutrition, and more on Wednesday, September 25 & October 23. Call BCSSI for an appointment.

#### Lunch & Learn

Join us for a **FREE** program on current topics that affect seniors and their caregivers. The luncheon is the **first &** 



third Wednesday of the month at noon and space is limited. For reservations call BCSSI.

Sept. 4 Art of Wellness Sound Concert w/ Allison Phillips.

Lunch by Grand Brook

Lunch by Homewood Sept. 18 Chair Yoga w/ Kira.

Oct. 2 Art of Wellness Acting. Lunch by Zionsville Meadows

Oct. 16 Fashion Show w/ Maurices. Lunch by CrownPointe

#### **Lebanon Games**

Come join the fun on Thursday, September 5 & October 3 from 1:00-2:00PM. With Donna Newman & Shirley Hester. Call BCSSI to register.

#### **Needlepoint**

Meet at BCSSI on the **first Monday** of the month at **1:00PM** to work on your own projects. **Call BCSSI to register.** 

## September/October Classes & Activities

Call 765-482-5220 for Registration and Information

All Classes & Activities held at BCSSI, Lebanon



An RSVP is required for all activities as space will be limited to facilitate social distancing. All events are subject to postponement or cancellation.

#### **Line Dancing**

Wednesday, September 11 & 25 & October 9 & 23 from 10:30-11:30AM with Rue Flanders. Call BCSSI to register.

#### **Art Class**

Every Thursday, 9:30AM-12:00PM with instructor Shirley Luttrell. Cost is \$8 per class. Shirley will work with beginner or intermediate students and any medium. Call BCSSI to Register.

#### **Tech Time**

Bring in your phones, tablets, eReaders, cameras or laptops, or use one of our computers, and get *free* independent instruction.
Appointments available on **Tuesday** *afternoons*. **Call BCSSI to register**.

#### **Legal Assistance**

Free legal assistance will be offered on September 17 & October 15. BCSSI Legal Assistance is an opportunity for older adults to ask questions of a legal nature and for the attorney to give simple legal advice. For more in-depth assistance, the attorney can make a referral or give the other options. Call BCSSI for an appointment.

#### **Cover to Cover Book Club**

Book club will meet on Tuesday,
September 3 at 1:00PM to discuss
"The Housemaid" by Freida
McFadden. The book for October 1
will be announced at the September
meeting. Call BCSSI to register.
Thank you to Hachette for donating
our book club books!

Hachette

#### **Coffee Connection to the Community**

Join us for coffee and conversation on September 12 & October 10 at 10:30AM.

Call BCSSI to register.

Thank you to our Coffee Connection sponsors Cowan Drugs & Parkside Pharmacy.

#### Life Moves On

A meeting place for widows and widowers. The group will meet on Thursday, September 26 & October 24 from 10:30-11:30AM.
Call BCSSI to register.

## **September/October Activities Zionsville**

Call 317-873-8939 for Registration and Information

Zionsville activities are held in various facilities



An RSVP is required for all activities as space will be limited to facilitate social distancing. All events are subject to postponement or cancellation.

#### Our Zionsville office is open Wednesday & Friday 9:00AM-4:00PM

#### **Caregiver Support Group**

Caregiver Support Group will meet on September 11 & October 9 at 6:00PM. Support group meets at Independence Village West, 6800 Central Blvd, Zionsville (behind Meijer). Facilitated by Jessica Evans. Call BCSSI to register.

#### Sip & Learn

Join us on the first Friday of the month at 10:00AM in the Zionsville Town Hall. September 6: Meet Chief Deputy Coroner Shane Daugherty & furry friend Tate October 4: ZFD EMS Manager Kerry O'Haver presenting Hands-On Stop the Bleed

Call BCSSI to register. Thank you to the Zionsville Fire Department for sponsoring Sip & Learn!

#### SHIP Counseling & CICOA Benefits

A CICOA representative will be available by appointment to provide seniors with unbiased information about Medicare, Nursing Facilities, Emergency Response Systems, Public Benefits, Nutrition, and more on Wednesday, September 4 & October 2. Call BCSSI for an appointment.

# Lunch and Learn at the Town Hall second Friday of the month at noon. Space is limited. Call BCSSI to register.

Sept. 13 BCSD Questions and Answers. Lunch by BCSD

Oct. 11 Script Your Family's Future & Estate Planning
Lunch provided by BCSS Foundation

#### **Zionsville Crafts at the Town Hall**

Join us monthly on the second Friday at 1:00PM. On September 13 make a Haunted House w/ Rue Flanders. Cost is \$5. October 11: Cancelled. Call BCSSI to register.

#### **New! Zionsville Games**

Join us for fun and games on September 25 & October 23 at 1:00PM in room #205 at the Zionsville Town Hall. Call BCSSI to register.

#### **Art Class**

**Every Tuesday, 9:30AM-12:00PM** with instructor Shirley Luttrell. *This class is currently full, call BCSSI to be placed on the waiting list.* 

#### **Get Out and Go with BCSSI!**

Trips depart from: BCSSI Lebanon

Zionsville, Thorntown or Jamestown pick-up available for some trips



#### **Mystery Trips**

Travel with us to a mystery location in Boone County.

Trips will be Sept. 26

Cost is \$10 for the trip with an additional \$10 special activity fee (\$20 total)

Departs BCSSI at 1:00PM and returns by 4PM. **Call BCSSI to register.** 



#### **Covered Bridge Festival**

October 14th Bridgeton Departs: 8AM Cost: \$15

# Lunch and Learn on the Road to Huber's Orchard & Winery

Tuesday, Oct. 15 Cost: \$80
Winery tour and lunch from the
Starlight Café with time for shopping at
the Farm Market.
(wine tasting on your own available

for an additional \$15)
Registration begins Sept. 9 at 8:00AM
Sponsored By:

The Waters of Lebanon



## **Muffins & Masterpieces**

Join us at the Zionsville Town Hall on Friday, October 25 from 1:00-3:00PM w/ Instructor Shirley Luttrell. Call BCSSI to register.

Sponsored By: Zionsville Meadows.





Did you know our transit drivers routinely receive training to keep you safe in our vehicles and on the roadways? They just recently completed

Passenger Assistance Training. Thank you transit drivers for your commitment to keeping our riders safe!!

#### BCSSI Spotlight Eric Imboden Volunteer & BCSSI Board Member



How and when did you first get involved with BCSSI?

My sister-in-law, Zoe Farrow, was on the board (still is) and nominated me as a potential board member. I came on

the board in early 2019, so over 5 years now.

What is your favorite activity to help with at BCSSI? Probably the Olympics, I love to see all the excitement of the participants, and the breakfast is always great, and the speakers are always fantastic as well. It's just a great, fun event.

What makes Boone County special? I grew up in Missouri (pronounced Missour-uh by true natives), then lived in Tennessee for a few years before following my wife back home to Indiana. I find Boone County is very much like where I grew up, full of hard-working, honest, kind, generous, and level-headed folks. I love East TN, but I feel most at home in the midwest. I have lived in Boone County now for 38 years.

Family: I'm married to Sandy Farrow, whose family has farmed in the Jamestown/Advance area for many years. We have 3 sons, Jackson, Lucas, and Bennett (all grown and out of college now), and Bennett is married to Kelso. We have no pets other than

occasionally serving as dog-sitters for Bennett and Kelso's Great Dane, Diesel.

**Profession:** I'm the Extension IT Specialist for Purdue Extension.

Hobbies/Interests: I love sports (mostly Chiefs, Colts, Royals, and Boilermakers), music, movies, reading, and learning anything I can about all kinds of technologies.

#### Something unique about you?

I roast my own coffee...I got into it years ago, and I've roasted on everything from a tiny "hot air popper" style roaster up to a giant commercial roaster. These days, I use a heat gun and a metal bowl (known as the Heat Gun Dog Bowl, or HGDB, method) to roast a pound or two at a time. In case anyone wonders, the heat gun has never been used for anything other than roasting coffee, and the dog bowl has never been used by a dog.

# What do you want others to know about BCSSI or why should they volunteer, donate or use our services?

I've been associated with many volunteer and community groups over the years (Little League, Youth As Resources, Boone County Leadership, Area Plan Commission, etc.), and I've found BCSSI to be one of the (if not THE) best run, supported, organized, and energized of any in my past experience. Everything I've seen here has shown the kind of dedication, compassion, respect, and inclusiveness that I believe the seniors in our community deserve.



#### SOS...Security & Online Safety Workshop Thursday, October 24th 5:30-7p.m. Boone County Senior Services, Lebanon

Like it or not, we are doing more and more of our shopping, investing, banking and bill paying through the internet. But, security breaches, fishing and targeting make our information and, worse, our assets at risk!

Join Perry Hammock for a FREE overview of the problem areas and what you can do to keep safe in this electronic world!

FREE boxed meal for the first 25 to RSVP....

Invite your children and grandchildren to attend, all ages welcome!

RSVP to sshoup@booneseniors.org or 765-482-5220 or 317-873-8939



Perry and his wife Chris have experienced first hand the importance of online safety. Perry enjoys sharing his personal experiences while adding humor and stories to his presentations. He is a Lebanon native and has consulted with BCSSI and the Foundation on their fundraising goals.





Those who are the happiest are those that do the most for others.

~Booker T. Washington

Thank you to our many foundation donors!

For more information about leaving a Legacy or to mail a donation, honorarium or memorial please contact:

Boone County Senior Services Foundation, Inc. 515 CrownPointe Dr., Lebanon, IN 46052 sshoup@booneseniors.org 765-482-5220 or 317-873-8939

The mission of the Boone County Senior Services Foundation, Inc. is to grow a fund so BCSSI can continue serving older adults in Boone County.





### My Happy Place... in a little bottle.

#### By Jessica Evans, BCSSI Director of **Outreach/Caregiver Support**



I remember when I was 13 years old, all the girls my age had begun wearing makeup. I asked my mom relentlessly to let me wear some makeup, but it was always met with the same response "You

will not wear makeup until you're 16!" She finally broke down and bought me my first lip gloss in bubble gum flavor and she let me polish my nails...as long as it was clear or frosted pearl (the only color that my mom & my nanny wore). I was finally feeling like a cool girl with my shiny lips & pearlized nails (even though I felt like the nail color was a little old fashioned). Funny how trends circle back around...pearlized nail polish is on trend again. They call it the glazed doughnut look. And yes, just like my mom & my nanny pearlized/glazed doughnut is my favorite go to look for my nails

I had 3 years of learning to perfect my manicuring skills before I could experiment with makeup. I think it created an obsession with nail care that I still have to this day! I obtained my manicuring license 20 years ago and I worked as a nail tech at a local salon before coming to BCSSI. Some of my favorite social media

influencers are nail techs. One day while mindlessly scrolling I came across a post that made me stop and take notice. It was this little turquoise blue bottle with tiny seashells, called a cuticle buddy. It immediately made me think of my happy place...Bowman's Beach, Sanibel Island, FL. I was influenced and I couldn't click buy now fast enough.

The delivery of my beach in a bottle came at a much-needed time last spring. My dad had taken a fall and was hospitalized at IU Methodist Hospital for several weeks. There were many stressful moments during this time frame. All I wanted to do was escape from it all. I took many hospital walks and discovered several beautiful courtyards where I could sit & decompress. But we all know how springtime goes here in Indiana. And it was on one of those days when it felt more like winter than spring that I discovered the Palm Tree Lobby. It just drew me in...I took a seat under the palm trees and busted out my cuticle buddy. Rolled the ocean mist scented oil on my cuticles, massaged the oil in, cupped my hands up to my nose and took several deep cleansing breaths and in that moment, I was in my Happy Place. A few minutes to escape to my Happy Place was all I needed to reenergize and calm my mind before heading back to my dad's room to face whatever came next.

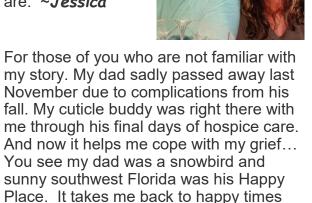
Summertime is in full swing and most people are planning or returning from vacations to their Happy Places. Being a caregiver myself I know that vacations are possible, but they come with a lot of planning, along with a back up plan. I also know that sometimes vacations are impossible for us caregivers. Escaping to your Happy Place in your mind might be the next best thing.

The pros of traveling in your mind:

No packing worries.
No travel delays
No lost luggage
Weather is always perfect
Relaxation

Always find your Happy Place. No matter where you are. ~ *Jessica* 

Reduces Stress



with my dad...like this one at Fisherman's

Village in Punta Gorda, FL. My dad's

favorite place to catch the sunset.

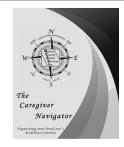
### Caregiver's Corner

A bi-monthly newsletter filled with information and resources for people caring for others. If you would like to be placed on the mailing list, contact:

Jessica Evans at 765-482-5220 or
317-873-8939 or
jevans@booneseniors.org

# The Caregiver Navigator

Caregiving is paper intensive...important documents, prescriptions, notebooks, receipts.



and schedules related to illness, treatment, and appointments. As a caregiver, your binder is your mobile caregiving center. Use the Caregiver Navigator to organize your loved one's caregiving journey!

Go to www.booneseniors.org/ resources to download a copy or for a FREE hard copy contact our office.

**Coming Soon**...The Caregiver Navigator will be available in a fillable format so you can easily input your information electronically!



Do you need a larger room and kitchen for your upcoming holiday event or family gathering?

Our Community Room is available for rent!
Rental includes the use of our room, tables and chairs, catering kitchen and restrooms.

Contact BCSSI for more information.

Completed rental agreement and deposit required to reserve the room.

# Looking for a PART-TIME JOB that will make a positive difference in the life of an older adult? Then you should join our Personal Services team!



Interested individuals with experience in homemaking/personal care, should **contact Cindy Hickson**, Director of Personal Services, for more information, or drop off a resume/complete an application at BCSSI.

Openings are for personal service attendants. BCSSI is certified as a Personal Services Agency by the Indiana State Department of Health and is an Equal Opportunity Employer.

Background check required.

Contact 765-482-5220 or 317-873-8939 or chickson@booneseniors.org

# Meal Vouchers Offered For Witham Health Services Cafeteria

BCSSI has applications for meal voucher cards that can be used at the Witham Cafeteria for breakfast and lunch. The meals are valued at \$6.75 and will be offered to ages 60+ for a donation, based on income.

Contact BCSSI with questions: 765-482-5220 or 317-873-8939

Sponsored by: CICOA Aging & In-Home Solutions

The BCSSI Offices are closed on September 2 for Labor Day & October 18 for our staff retreat.

This includes all personal services and transportation services. We apologize for any Inconvenience.



# Gleaner's Boone County Mobile Food Pantry



3rd Tuesday of each month 11:00AM-1:00PM Drive Thru Pick Up at the Boone County 4-H Fairgrounds

#### **BCSSI CORE VALUES:**

- Offer choices for older adults and their families
- Provide safe & affordable transportation for all ages
- Enhance, protect and preserve the dignity of all
- Maintain fiscal responsibility
- Cooperate with other agencies



## **BCSSI Memorial & Honorarium Gifts**

In Memory of Jim Fenters L.R. Rava-Kalal & J.C. Kalal In Memory of Dr. McAfee Margaret & Kenneth Keene In Memory of Connie Boatright Margaret & Kenneth Keene In Memory of Marilyn McClain Kate Koehler Jeff & Sharon Wood In Memory of Winona Steiner Gary & Ann Davis In Memory of George Daupert Chuck & Cindy Hickson & Family In Memory of Sandy Hull Terena C. James In Memory of the Anderson Family: Floyd, Edith, George, & Charles Carolyn Blubaugh

# In Memory of Ernie Pyle Chapter of the WWII Roundtable Members:

- Jim Limp, WWII Veteran
- Marvin Bishop, Battle of the Bulge/early arrival liberation of Aachen, Germany
- Floyd Newkirk, Mediterranean/ European Theaters
- Phil Thrine, USN
- · Note Truelock, USN Caribbean
- Odette Chase, Child in France under occupation
- Irwin Martin, Combat Infantry Korea
- Terry Bayles, Combat Infantry, Tet Offensive, Vietnam
- Charlie Acton, USN Korean War Era
- · Doc Hardin, WWII Service

Donation,	<b>Memorial</b>	and	Honorarium	ո Form
1 1 .1 .121 .		1	16/	

i would like my donation t	to be used for (select one below):
A donation to the Agency	A donation to the Foundation
A memorial in memory of:	
An honorarium in honor of: _	
Please send notification card to:	
Street Address:	
City, State, Zip:	

Thank you for your gift. Please mail form with payment to: BCSSI, 515 CrownPointe Dr., Lebanon, IN 46052



#### Let BATS take you door to door!



Boone Area Transit System County Wide, All Ages

765-482-5220 or 317-873-8939 Monday-Friday Attention!!!
VERIDA
Standard Medicaid
Transportation Trip
Reservation Line:
1-855-325-7586

Call this number for a reservation, any changes or cancellations and when your appointment is finished. Your preferred provider is Boone County Senior Services/BATS.

Boone Area Transit System operates by appointments made in advance. We welcome calls for LAST MINUTE transportation for non-medical, unscheduled appointments! Please call to check the schedule and hopefully we can help you get where you need to go!

### **Boone Area Transit Pricing 2024**

to book your next transit appointment.			
SENIOR SUGGESTED DONATIONS	Cost:		
Inside city limits (unlimited stops)	\$5.00		
Outside city limits in Boone Co. (unlimited stops)	\$10.00		
ALL TRIPS OUTSIDE COUNTY COSTS (Senior & Public)	Cost:		
Thorntown, Lebanon, Jamestown, Advance to Indy or any other city in			
the counties surrounding Boone <b>round trip</b>	\$20.00		
Zionsville, Whitestown to Indy or any other city in the			
counties surrounding Boone round trip	\$15.00		
Airport one-way mandatory pay per person			
Airport one-way mandatory pay for couple, each person pays			
Any trip over 30 miles or more add \$5.00	\$5.00		
PUBLIC TRANSIT COSTS/MISC.	Cost:		
Charge each time client boards	\$4.00		
Drive-thru to <u>drop off</u> prescriptions only, food banks in Boone County	N/C		
Drive-thru to pick up medicine, bank			
Outside city limits in Boone Co.			
Lunch & Learn transportation	No Charge		

## **Pumpkin Dip**

From: chocolatecoveredkatie.com

1-15 oz. can pumpkin puree

8 oz. cream cheese, at room temp.

2 tsp. cinnamon

1 tsp. pumpkin pie spice

1 1/2 tsp. vanilla extract

1/2 c. powdered sugar

Blend all ingredients in a blender or food processor until creamy. Serve with graham crackers, sliced apples and pears, or pretzels.





Connecting Generations since 1978

We hope you have enjoyed this issue of Senior Sounds. It is a bi-monthly publication for all Boone County residents age 60 or older and family members and is published by Boone County Senior Services, Inc.

To change your address call (765) 482-5220 or (317) 873-8939. To add a name to the mailing list, please send your \$5 annual donation to defray printing and mailing costs to:

BOONE COUNTY SENIOR SERVICES, INC. 515 CROWNPOINTE DRIVE, LEBANON, IN 46052

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